## Child Abuse Listening, Interviewing and Coordination Center

# CALICO Celebrates Our Friends in the Community

Each year, CALICO benefits from the generous hands-on support of dozens of volunteers. In 2008, friends of CALICO spent hours with hammer, nails, scissors, fleece, glass, clay and more to brighten the lives of the children we serve and the professionals that serve them. Thank you!



Eagle Scout Isaac Wolf designed and constructed an inviting outdoor breakroom for CALICO staff, complete with gorgeous hand-crafted redwood benches and planters. You did it Isaac!

The Junior League of Oakland East Bay hosted their second blanket-making Saturday at CALICO, crafting hundreds of soft fleece blankets to comfort CALICO children.





Karen Kadaja, founder and organizer of the annual One Bear Project, hosted this year's "teddy bear donation event" with entertainment, dancing, a BBQ and children's activities at Faultline Harley-Davidson/Buell in Fremont. Thanks to Karen's tireless efforts, 1,500 stuffed toys were donated to CALICO.

CALICO was selected as the charitable beneficiary of the 6th Annual Zocalo Holiday Art Benefit. Thanks to artists Marjorie Albright, Trish Culbert, Sadie Cuming, Susie Howell, Christopher Roscoe, Fleurette Sevin and Carole Westlund for contributing artwork for the raffle and 10% of your sales to CALICO.



### **CALICO's Board of Directors Expands**

CALICO is delighted to introduce a team of exceptional new members to the Board of Directors:

**Amy E. Blanchard.** As Program Manager at Cisco Systems, Amy's business acumen will foster new corporate relationships for CALICO.

**Brian L. Colbert.** A multi-talented entrepreneur and consultant, Brian has introduced CALICO to on-line social networking.

Mark Goyne. As Vice President at Wells Fargo Bank, Mark adds depth and expertise to CALICO's financial team.

Patricia S. Itamoto. An attorney and legal volunteer, Patricia brings a keen legal eye coupled with a facility for engaging new constituents.

Holly Metz, Psy.D. As a trauma therapist, Holly's expertise will advance CALICO services and partnerships in prevention, treatment and education.

Gloria Taylor. Gloria brings a rich history of volunteer and not-for-profit leadership plus deep ties within Alameda County.

The Board of Directors is a dedicated team who invests their time, talents and resources to advance CALICO's mission.

If you want to share your talents in fundraising, marketing and/or event planning, please contact CALICO about joining a board committee.

CALICO is always looking for new friends in the community. If you want to get involved, have ideas for ways you can help CALICO, or would like CALICO to come speak to your group or business, please contact us at (510) 895-0702 or info@calicocenter.org.

## An Interview with Family Resource Specialist Belinda Uriarte-Roehl

In August 2008, CALICO hired its first full-time Family Resource Specialist, Belinda Uriarte-Roehl. Belinda joined CALICO after years of helping children and families as a court liaison for SafeStart at the Unified Family Court of San Francisco, an early mental health specialist for the Link to Children in Oakland, and a victims of crime advocate for the San Francisco District Attorney's Office.

What is it like to be a Family Resource Specialist at CALICO?

It's very challenging work and, at the same time, humbling and rewarding. I feel humbled by all the people I meet who come here with pain and hurt and yet have the strength to go on. I feel honored that they share their stories with me. It feels rewarding to know I am part of a team of professionals who are dedicated to ending child abuse and what I do matters.

As a Family Resource Specialist, I have to keep an open mind and not pass judgment. Parents or caregivers can be sad, angry and scared when they get here, and it is my job to make sure they receive emotional support during a very difficult time. Many times just sitting with them to hear them out is enough. Many need follow up support to access community resources - especially counseling - so that they can heal and move on.

What has surprised you most about working for CALICO?



Belinda Uriarte-Roehl (left) with Kristy Brodeur Dermody at CALICO's Collaborative Training.

Photo by Richard Langs.

The professionals in this field are amazing! From law enforcement to the DA, the interviewers, the social workers, the therapists, and our passionate executive director. It's tough work, yet they do it with dedication and commitment, and still keep a sense of humor. That's inspiring!

The children are incredible too. I can't believe how strong and resilient they are in times of crisis and trauma.

What do you find most challenging about working at CALICO?

I think it's the feeling of helplessness, that I can't do anything about what happened to a child. When they ask, "Why my child? Why me?," I have no answers.

Also, this work can affect you. I have to keep my emotions in check so that I don't get affected by the traumatic stories I hear. I have to keep healthy boundaries between work and my personal life especially because I have young children. I have to make a conscious effort to take care of myself.

What do you wish other people knew about working with this population?

I wish people knew how difficult it is to be a caregiver, especially in times of crisis. I wish people knew how many loving, hardworking and caring parents, caregivers, and guardians there are, who truly want the best for their children.

Tell me about some of the people you've met while working with CALICO?

I've met some of the most admirable people in the field of child abuse including forensic interviewers who hear many sad stories and yet choose to continue doing this work, prosecutors working tirelessly for justice, and inspectors, social workers, therapists and advocates who have a passion for helping children. This work requires a lot of heart.

What might someone be surprised to know about you?

In addition to English, I speak Tagalog, a little bit of Ilongo which is a dialect from the Philippine Island, and Spanish.

What do you do when you aren't working at CALICO?

Have fun with the family, go to the movies, go out to dinner and travel. I also do a lot of PTA work at my children's school.

### 5th Annual One Child at a Time Benefit

Thank you to our guests, volunteers, donors and sponsors for making the 5th Annual One Child at a Time Benefit the most successful yet. The festive evening at Periscope Cellars featured a wine tasting and hors d'oeuvres, a spirited raffle and silent auction, contemporary artwork by Maya Kabat, Elliot Anderson and Erik Niemann, and live jazz music by Rick Baskin and friends. Over \$45,000 was raised, and all proceeds support CALICO's forensic interviewing and family support services.

The event was made possible due to the generous support of many friends of CALICO:

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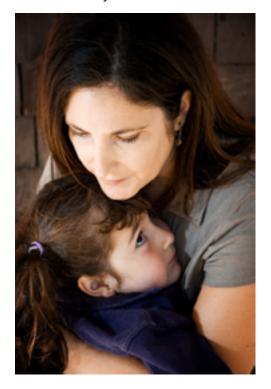
### SPECIAL THANKS TO OUR EVENT VOLUNTEERS:

Martin Berger, Kelly Cook, Marley Degner, Hannah Dermody, Sean Dermody, Melissa Graycar, Eleanore Hopper, Andrea Kaja, Lindsay Lutz, Stephanie Lynch, Jenifer Mello, Julie Moorad, Annie Wanless

# A Child Tells

The morning of May 4, 2008 is a day my family and I will never forget. That was the morning we celebrated my husband's birthday and the day my 4-year-old daughter told me about a bad dream she was having about daycare. My first reaction to my daughter's dream was denial; I didn't want to believe what I was hearing. The more I listened to her the more I realized what she was explaining and describing was information a 4-year-old should never know. Just then I knew this wasn't just a bad dream, this was reality.

I felt my heart break into a million pieces, and the only thing I could do was hold my daughter and thank her for telling me about her bad dream. As soon as my daughter was situated playing with her little brother, I went to the garage and cried until I had no more tears to cry. Within a very short period of calling our local police department, an officer was at our house. I will never forget what he said to us when he walked into our house, "Happy Faces". At that time I didn't understand why he was telling us to smile and have "Happy Faces". He asked us questions about what happened, and he didn't speak to my daughter. He told us we would have an appointment at CALICO very soon. Before that day I had no idea what CALICO was.



The very next morning we got a call from our detective stating we had an appointment in San Leandro at 10am. Not knowing of CALICO or what to expect, I told my daughter she was going to a special school and a very special teacher was going to talk to her. My daughter couldn't have been more thrilled. Once we arrived at CALICO, I was surprised that every person spoke to us normally, not like we were parents of an abused child. They took us back to the play waiting area where both my kids felt instantly at home. Our interviewer came and introduced herself to us and asked my daughter if she was ready to come back to talk with her. My daughter is a shy, hesitant child but she jumped up towards the interviewer, grabbed her hand and headed to the interview room chitchatting the whole way. It felt like forever, but an hour or so later the detectives called me into the interview room because my daughter wasn't talking. They wanted permission to continue interviewing, and of course, I said ves. More time went by before my baby reappeared smiling and ready to play. I kept asking how things went but they didn't say anything. I was annoyed until the interviewer gently touched me on the shoulder and said everything will be ok.

That day, my daughter's abuser was taken into custody. After the amazing work of the detectives, he was arrested on eighteen felony counts of sexual abuse. Three months later he got the maximum sentence available.

I sit back today and now understand why the first officer came into our house saying "Happy Faces". No matter how terrible things got, how upset I was or the feeling of just screaming from the top of my lungs with sadness or frustration, I always had to keep a "Happy Face". Not for me but for my daughter. We never let my daughter know that anything was wrong. We lived everyday life just as before. The only difference is mommy now stays at home, and we don't go to daycare anymore. My daughter today is a beautiful 5-year-old kindergartener who is no different than any other child. For that I thank that officer for his first words to me. Still to this day my daughter will talk about the special school and teacher she went to see that day and the present she got to choose after being interviewed.

As parents, we never think the worst can happen to our children. We strive to protect, love, nurture and educate them to the best of our abilities. Before this event I was a naive parent. I never thought of child abuse, I especially didn't think this would happen to my child, and I had never heard of CALICO. It did happen, and I'm so overly grateful for CALICO and what they do everyday. We didn't know, at the time of my daughter's interview, that she didn't tell her story as she did to me the day before. If it wasn't for CALICO and the interviewer's drive to take that extra time to talk to my daughter, she wouldn't have provided a crucial piece of information which led the detectives to make the arrest. If it wasn't for the dedication, skill and passion of the detectives, my daughter's abuser wouldn't have admitted to his crimes. If it wasn't for the persistence and effort of our District Attorney, the abuser wouldn't be incarcerated. Mostly, if it wasn't for my 4-year-old daughter's bravery and the courage it took for her to come to me about these horrible events she endured for longer than I can imagine, who knows where or if she would still be with us today.

## Many Thanks to Our Generous 2008 Supporters!

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## Dealing with Abuse Recantation

Would you recant sexual abuse if, after you told someone, your whole world came crashing down? Your father goes to jail, your mother doesn't believe you, and there is no money for food? Would you recant then? What if you are moved from your family's house to a stranger's? Would you regret talking, and try to take back what you said?

Recantation was the subject of CALICO's Annual Collaborative Training, November 6, 2008 at the Marina Community Center in San Leandro. Keynote speaker Dr. Thomas Lyon, Professor of Law and Psychology at the University of Southern California, described his latest research on why children recant abuse and what professionals can do to reduce the likelihood of recantation. The event drew a record crowd - 230 attendees, including law enforcement officers, child welfare workers, attorneys, therapists, and other professionals involved in investigating and treating child abuse.

When a child reveals information about abuse, particularly abuse by a family member or respected adult, his/her disclosure triggers a series of events that disrupts the familiar pattern of many lives. For some, these changes are too difficult to navigate, and blame falls to the child. Children can feel immense pressure, both overt and subtle, to take back what s/he said. They see their family members hurting and feel responsible. They may have ambivalent feelings toward the person who abused them and feel protective. They are fearful of having to face their abuser in court or anxious about being taken away from their family and just want it all to go away. In some cases they are told directly they are to blame.

When a child recants, too often professionals and family members alike, discount the original disclosure. Sexual abuse is emotional and complicated, and it can be easier to hear that it didn't really happen than to believe that it did. In the face of huge caseloads and recanting victims, a professional responding to abuse may be relieved to dismiss the allegation. But dismissals should only occur after the initial disclosure is thoroughly reviewed and the likely reasons for recantation and pressures on the child are explored.

When a child recants, it does not mean the abuse did not happen. Recantation is a normal, if not expected, part of a process of disclosure. When children are supported by adults from the moment they first begin to disclose, it helps alleviate the pressures they feel that might later lead to recantation. A recognized model of support includes the following:

Believe the Child - Sexual abuse is often embarrassing and hard to talk about. A child is unlikely to make false allegations of sexual abuse. Let the child know you believe him or her.

Affirm the Disclosure - Acknowledge the importance of talking about the abuse and getting help. Let the child know you are glad they told you about the abuse.

Support the Child - Reinforce to the child that the abuse is not their fault, and that they are not to blame, regardless of the circumstances.

Empower the Child - Educate a child about available resources so that s/he gains control over his/her life. Be sure the child knows, "There are things we can do so that you will feel better again."

Dr. Lyon noted that the best defense against recantation is "an early narrative interview conducted in a forensically sound manner." In other words, the type of interview conducted at CALICO. This narrative interview should occur as close to the initial disclosure as possible - well before the child experiences regret or pressure to change his/her story - and include openended questions with video documentation. If a child recants later, a subsequent interview can document the recantation and should explore parental pressure, the child's feelings regarding the investigation, and any other factor that may have contributed to a recantation.

It is no surprise that sexual abuse is traumatic to a child. What may be surprising is that when abuse is revealed, emotional trauma to the child doesn't always stop. As Dr. Lyon makes clear, children who disclose abuse are too often under extraordinary pressure to hold themselves and their families together. The burden is immense. Thanks to Dr. Lyon's cutting-edge research, we as parents and professionals better understand the complex and conflicting emotions and behavior of young victims. We know now that recantation is not closure but an invitation to delve deeper into what the child needs to stay safe.









CALICO has built a unique collaborative partnership among twenty-seven agencies in the county who all share responsibility for responding to young victims of violence. The Sexual Assault Unit of the District Attorney's Office is one of our key partners.

### PARTNER SPOTLIGHT

by Susan Torrence, Assistant District Attorney

Since the mid-1980s, the Alameda County District Attorney's Office has had a unit specifically dedicated to the prosecution of sexual assaults, including sexual assault of children. This unit includes specially trained prosecutors deeply concerned with the prosecution of such cases and the welfare of the victims. Currently, the unit has four trial attorneys and one attorney who is a half-time trial attorney and half-time supervisor. All of the unit's prosecutors are what are called Vertical Prosecutors; this means that the victims in these cases have the same attorney for their entire case, from their first appearance to their last.



The caseload of the attorneys in the Sexual Assault Unit is slightly less than normal due to the nature of these cases; there is a very strong commitment to take whatever time is needed to get victim witnesses ready for court proceedings. We have decided that cases involving child victims come first; the unit is carrying 100% child victim cases at this time.

We have gone miniature golfing with child victims, met in coffee shops and played video games with them in their home. Once a Deputy District Attorney was seen rollerblading in the halls of the Hayward District Attorney's Office with a 12-year-old boy who had to testify. A special relationship is gained so that court appearances and testimony become an empowering experience for the child victim. Our first goal is for the child to walk out of the courtroom saying: "That wasn't that bad."

Our other goals are for the child to unburden themselves of the secret of the abuse and to be believed by the court and ultimately, the jury. This gives the child a satisfying sense of validation that they were ok all along—the offender was the one who was wrong.

## CALICO Executive Director Graduates From LeaderSpring Fellowship

CALICO Executive Director Vicky Gwiasda joined fourteen inspirational East Bay leaders on October 7, 2008 for their graduation from LeaderSpring, a two-year on-the-job leadership training program for selected East Bay executives. The two-year program comprised once-a-month leader clinics to develop management and leadership skills, overnight retreats, and peer coaching. In addition, Leader-Spring sponsored Vicky on a one-week "study trip" to a mentor organization. Vicky chose the Houston Children's Assessment Center led by visionary Executive Director Elaine Stolte. The Houston Center serves 5,000 children annually and includes on-site counseling, a medical clinic, and, to facilitate inter-agency communication, staggered offices of detectives and child welfare workers. After a week immersed in the center's operations, Vicky noted that, "Had I left after one day, I would have left with great ideas, but having a full week to develop relationships made me feel like one of the staff and gave me an even richer experience." Vicky continues to meet regularly with her LeaderSpring colleagues and often relies on the lessons from LeaderSpring and Houston as she works to strengthen and expand CALICO services and operations.



CALICO Executive Director Vicky Gwiasda (left) presenting a mentor appreciation award to Houston CAC Executive Director

### Did You Know...

- CALICO aided more children in 2008 than any year prior (a 27% increase from 2007).
- Each member of our dedicated team of skilled child interview specialists has interviewed over 1,000 children on average.
- Forty percent of the children CALICO serves are 2-6 years of age, and 40% are ages 7-12.
- CALICO staff serve on state and national boards, including the California Network of Child Advocacy Centers, the State Advisory Committee on Sexual Assault Victim Services, and Stop It Now!
- CALICO is part of a network of over 60 child advocacy centers in the state and 600 in the country who have fundamentally changed the way our communities respond to child abuse.



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CALICO's mission is to provide a supportive environment to interview children and facilitate a collaborative response to child abuse in which the needs of children take precedence.

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